



FRIENDS
EARLY LEARNING CENTER

Lunch Menu - August 2019

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Swedish Meatballs Broccoli Pears Buttered Noodles Milk (Cheese Sandwich)	2 Pancakes Eggs Hash Browns Pineapple Milk (Yogurt)
5 Chicken Noodle Soup Carrots Buttered Bread Applesauce Milk (Pasta, Yogurt)	6 Turkey Cheese Sliders Peas Watermelon Milk (Veggie Burger)	7 Cheese Pizza ½ Slice Cheese Green Beans Mandarin Oranges Milk	8 Pasta w/ Meat Sauce Breadstick Mixed Vegetables Diced Pears Milk (Pasta, Yogurt)	9 Chicken & Waffles Peas Diced Pears Milk (Yogurt)
12 Cheese Ravioli Breadstick Applesauce Corn Milk	13 Turkey Corn Dog Tater Tots Carrots Pineapple Milk (Veggie Burger)	14 Cheese Pizza ½ Slice Cheese Green Beans Mandarin Oranges Milk	15 Hard Boiled Eggs Broccoli Pears Pasta Salad Milk (Cheese Sandwich)	16 Chicken Nuggets Tater Tots Peas Watermelon Milk *(Veggie Burger)
19 Grilled Cheese Tomato Soup Peas Applesauce Milk	20 Bosco Sticks Mini Meatballs Broccoli Pineapple Milk	21 Cheese Pizza ½ Slice Cheese Green Beans Mandarin Oranges Milk	22 French Toast Sticks Sausage Corn Diced Pears Milk (Yogurt)	23 Swedish Meatballs Broccoli Pears Buttered Noodles Milk (Cheese Sandwich)
26 Macaroni, Cheese Nuggets Cooked Carrots Pineapple Milk (Veggie Burger)	27 Turkey Cheese Rollup Buttered Bread Peas Applesauce Milk (Yogurt)	28 Cheese Pizza ½ Slice Cheese Green Beans Mandarin Oranges Milk	29 Hard Boiled Eggs Corn Watermelon Pasta Salad Milk (Cheese Sandwich)	30 Pancakes Eggs Broccoli Pineapple Milk (Yogurt)

Menu Changes:

Date & Change

Vegetarian options are provided in parenthesis

This column is for changes to the menu to be posted in the classroom.

Snack Menu - August 2019

	Monday	Tuesday	Wednesday	Thursday	Friday
AM				1 Mini-Muffins & Milk	2 Yogurt, Granola & Water
PM				Strawberries, Teddy Grahams & Water	Animal Crackers, Raisins & Water
AM	5 Cereal Bar & Milk	6 Bagel, Cream Cheese & Milk	7 Bananas, Graham Crackers & Milk	8 Mini-Muffins & Milk	9 Cinnamon Raisin Bread & Milk
PM	Hummus, Pretzels & Water	Apple Slices, String Cheese & Water	Chips, Salsa, Cheese & Water	Strawberries, Teddy Grahams & Water	Animal Crackers, Raisins & Water
AM	12 Cereal Bar & Milk	13 Goldfish, Milk	14 Bananas, Graham Crackers & Milk	15 Mini-Muffins & Milk	16 Yogurt, Granola & Water
PM	Hummus, Pretzels & Water	Apple Slices, String Cheese & Water	Veggie Straws, Cheese & Water	Strawberries, Teddy Grahams & Water	Rice & Corn Puffs, Raisins & Water
AM	19 Cereal Bar & Milk	20 Bagel, Cream Cheese & Milk	21 Bananas, Graham Crackers & Milk	22 Mini-Muffins & Milk	23 Cinnamon Raisin Bread & Milk
PM	Hummus, Pretzels & Water	Apple Slices, String Cheese & Water	Chips, Salsa, Cheese & Water	Strawberries, Teddy Grahams & Water	Animal Crackers, Raisins & Water
AM	26 Cereal Bar & Milk	27 Goldfish & Milk	28 Bananas, Graham Crackers & Milk	29 Mini-Muffins & Milk	30 Yogurt, Granola & Water
PM	Hummus, Pretzels & Water	Apple Slices, String Cheese & Water	Veggie Straws, Cheese & Water	Strawberries, Teddy Grahams & Water	Rice & Corn Puffs, Raisins & Water