FRIENDS
EARLY LEARNING CENTER

Lunch Menu - May 2019

Monday	Tuesday	Wednesday	Thursday	Friday
29 Pierogies Grilled Chicken Broccoli Pears Milk (Pierogies, Cheese)	**30** Bosco Sticks Mini Meatballs Broccoli Pineapple Milk	**May 1** Cheese Pizza ½ Slice Cheese Green Beans Mandarin Oranges Milk	**2** Cheese Ravioli Breadstick Applesauce Corn Milk	**3** French Toast Sticks Eggs Hash Browns Diced Pears Milk (Yogurt)
6 Macaroni, Cheese Fish Sticks Cooked Carrots Pineapple (Veggie Burger)	**7** Chicken Nuggets Tater Tots Carrots Pineapple Milk (Veggie Burger)	**8** Cheese Pizza ½ Slice Cheese Green Beans Mandarin Oranges Milk	**9** Pasta w/ Meat Sauce Breadstick Mixed Vegetables Diced Pears Milk (Pasta, Yogurt)	**10** Grilled Cheese Tomato Soup Peas Applesauce Milk
13 Pierogies Grilled Chicken Carrots Diced Pears Milk (Pierogies/ Cheese)	**14** Swedish Meatballs Broccoli Pears Buttered Noodles Milk (Cheese Sandwich)	**15** Cheese Pizza ½ Slice Cheese Green Beans Mandarin Oranges Milk	**16** Chicken Noodle Soup Carrots Buttered Bread Applesauce Milk (Buttered Pasta, Yogurt)	**17** Chicken, Waffles Corn Diced Pears Milk (Yogurt)
20 Chicken Nuggets Tater Tots Carrots Pineapple Milk (Veggie Burger)	**21** Bosco Sticks Mini Meatballs Broccoli Pineapple Milk	**22** Cheese Pizza ½ Slice Cheese Green Beans Mandarin Oranges Milk	**23** Cheesy Chicken Rice Broccoli Applesauce Milk (Cheesy Rice, Yogurt)	**24** Grilled Cheese Sandwich Tomato Soup Peas Applesauce Milk
27 Center Closed in Observance of Memorial Day	**28** Turkey, Cheese Sandwiches Peas Pears Milk (Grilled Cheese)	**29** Cheese Pizza ½ Slice Cheese Green Beans Mandarin Oranges Milk	**30** Cheese Ravioli Breadstick Applesauce Corn Milk	**31** Pancakes Eggs Hash Browns Diced Pears Milk (Yogurt)

Menu Changes:

Date & Change

Vegetarian options are provided in parenthesis

This column is for changes to the menu to be posted in the classroom.

Snack Menu - May 2019

	Monday	Tuesday	Wednesday	Thursday	Friday
AM	29 Cereal Bar & Milk	30 Bagel, Cream Cheese & Milk	1 Bananas, Graham Crackers & Milk	2 Mini-Muffins & Milk	3 Cinnamon Raisin Bread & Milk
PM	Hummus, Pretzels & Water	Apple Slices, String Cheese & Water	Chips, Salsa, Cheese & Water	Orange Slices, Teddy Grahams & Water	Animal Crackers, Raisins & Water
AM	6 Cereal Bar & Milk	7 Goldfish, Milk	8 Bananas, Graham Crackers & Milk	9 Mini-Muffins & Milk	10 Yogurt, Granola & Water
PM	Hummus, Pretzels & Water	Apple Slices, String Cheese & Water	Veggie Straws, Cheese & Water	Orange Slices, Teddy Grahams & Water	Rice & Corn Puffs, Raisins & Water
AM	13 Cereal Bar & Milk	14 Bagel, Cream Cheese & Milk	15 Bananas, Graham Crackers & Milk	16 Mini-Muffins & Milk	17 Cinnamon Raisin Bread & Milk
PM	Hummus, Pretzels & Water	Apple Slices, String Cheese & Water	Chips, Salsa, Cheese & Water	Orange Slices, Teddy Grahams & Water	Animal Crackers, Raisins & Water
AM	20 Cereal Bar & Milk	21 Goldfish & Milk	22 Bananas, Graham Crackers & Milk	23 Mini-Muffins & Milk	24 Yogurt, Granola & Water
PM	Hummus, Pretzels & Water	Apple Slices, String Cheese & Water	Veggie Straws, Cheese & Water	Orange Slices, Teddy Grahams & Water	Rice & Corn Puffs, Raisins & Water
AM	27 Center Closed	28 Bagel, Cream Cheese & Milk	29 Bananas, Graham Crackers & Milk	30 Mini-Muffins & Milk	31 Cinnamon Raisin Bread & Milk
PM	Center Closed	Apple Slices, String Cheese & Water	Chips, Salsa, Cheese & Water	Oranges, Teddy Grahams & Water	Animal Crackers, Raisins & Water